

What do I need to bring with me if I am learning to sail

The kit you bring will generally be dependent on the weather, so please be aware of the conditions and bring or wear appropriate clothing

Sailing often generates a lot of activity so comfortable clothes and shoes are wise to wear. Also wind chill factors get up considerably when you are away from the shore sailing so please bear in mind that several thin layers are better than one thick layer.

- ❖ Warm clothing (multiple layers are better)
- ❖ Soft soled non marking shoes (ideally deck shoes) or sea boots
- ❖ Wet weather gear
- ❖ Sunglasses
- ❖ Lip balm
- ❖ Cap or hat
- ❖ Food and drink if you have booked a non-catered sailing event or charter